

**The Mediation & Conflict Resolution Office (MACRO)  
And  
The Negotiations and Conflict Management Program  
University of Baltimore**

**Invite you to attend**

***An Evening with Professor Len Riskin, J.D., LL.M***

***Preeminent teacher of mindfulness to students, lawyers,  
mediators and decision makers***

***DISCUSSING MINDFULNESS  
FOR CONFLICT RESOLUTION AND DAILY LIFE***

**Thursday, May 28, 2009**

The Judicial Education and Conference Center  
2011 D Commerce Park Drive  
Annapolis, MD 21401  
(Enter through lower level of building)  
Refreshments 6:30 p.m. and following the program  
Program 7:00 p.m.—9:00 p.m.  
Admission is free

**About The Speaker:** Professor Len Riskin is Chesterfield Smith Professor of Law at the Levin College of Law at the University of Florida in Gainesville. He is a pioneer in teaching mindfulness to students, conflict resolvers, corporate executives and others across North America and in Austria and Denmark. The professor has developed a unique technique to integrate mindfulness into conflict resolvers' work and daily life. He studied mindfulness with Jon Kabat-Zinn at the University of Massachusetts medical center. His article *The Contemplative Lawyer: On the Potential Relevance of Mindfulness Meditation to Law Students, Lawyers and Their Clients* appeared in the *Harvard Negotiation Law Review* (May 2002) as the centerpiece of a symposium entitled *Mindfulness in Law and Dispute Resolution*.

Well known as a brilliant conflict resolution theorist, he has been mediating, writing about mediation and training lawyers and law students in mediation and other methods of dispute resolution since 1980. Much of Professor Riskin's work has centered on mindsets with which lawyers and other dispute resolvers approach their work. His creation of the grids analyzing approaches to mediation earned him an award from the CPR Institute and is highlighted in numerous books and articles by Professor Riskin and others.

**Parking:** Is free and available on both levels of the JECC building.

**MPME Members:** Attending an *ADR Evening with Series* program counts as an activity for members of the MPME.

***Directions:***

***From Baltimore***

- Take 695E to 97S.
- Take 97S to 50E.
- Take Exit 24 - Rowe Boulevard. Make a left at the signal onto Bestgate Road.
- Follow through three traffic lights and turn right onto Commerce Park Drive.
- Make a right at the sign for Building Eight, enter at #2011D. Additional parking in the rear at #2009D entrance.

***From the Eastern Shore***

- Take 301S to 50W.
- Continue on 50W over the Bay Bridge toward Annapolis.
- Take Exit 24B - Bestgate Road.
- Follow through three traffic lights and turn right onto Commerce Park Drive.
- Make a right at the sign for Building Eight, enter at #2011D. Additional parking in the rear at #2009D entrance.

***From Western Maryland***

- Take 70E to 32E.
- Take 97S to 50E.
- Take Exit 24 - Rowe Boulevard. Make a left at the signal onto Bestgate Road.
- Follow through three traffic lights and turn right onto Commerce Park Drive.
- Make a right at the sign for Building Eight, enter at #2011D. Additional parking in the rear at #2009D entrance.

***From Southern Maryland***

Charles County:

- Take 301N to Route 3N.
- Take 97S to 50E.
- Take Exit 24 - Rowe Boulevard. Make a left at the signal onto Bestgate Road.
- Follow through three traffic lights and turn right onto Commerce Park Drive.
- Make a right at the sign for Building Eight, enter at #2011D. Additional parking in the rear at #2009D entrance.

St. Mary's County:

- Take Route 4N to Route 2N.
- Take 50E to Exit 24 - Rowe Boulevard. Make a left at the signal onto Bestgate Road.
- Follow through three traffic lights and turn right onto Commerce Park Drive. M
- Make a right at the sign for Building Eight, enter at #2011D. Additional parking in the rear at #2009D entrance

## **Thanks to our Sponsors**

The Maryland Mediation and Conflict Resolution Office and the Negotiations and Conflict Management Program at the University of Baltimore would like to thank the following organizations for providing additional support for this event.

Alternative Dispute Resolution Office, District Court of Maryland  
Center for Dispute Resolution at the University of Maryland School of Law  
Community Conferencing Center  
Community Mediation Maryland  
Legal Studies Institute at Anne Arundel Community College  
Maryland Commission on Human Relations  
Maryland Council on Dispute Resolution  
Maryland State Bar Association ADR Section  
Mount Saint Mary's University  
Peace Studies Program at Goucher College  
The Department of Conflict Analysis and Dispute Resolution at Salisbury  
University  
The Maryland Chapter of the Association of Conflict Resolution  
The Mediation & Conflict Resolution Center at Howard Community College.