

# How Do I Find a Mediator?

Mediation is one type of alternative dispute resolution, also known as “ADR”. This video is the second in a four-part series on mediation. This video discusses where you can find mediation.

## Watch the Video



### Who Picks the Mediator?

- If you have a case that is pending in court, then the court may assign a mediator to your case.
- Regardless of whether your case has gone to court or not, you may use a mediator through a **community mediation program**. The program may contact the person you have a conflict with to invite them to mediate.
- You can also pick a mediator in private practice. You and the other party must agree on who will serve as the private practice mediator.

### How Do I Find a Mediator?

- Go online to the Court’s **Mediation and Conflict Resolution Office’s** website, [mdcourts.gov/macro/adr-resourceguide](https://mdcourts.gov/macro/adr-resourceguide). On the webpage there is an online mediator directory. Through the directory you can search for mediators by county or type of issue.
- Use our Guide to ADR Services in Maryland. The Guide provides a county-by-county listing of all mediation and alternative dispute resolution, or ADR, programs in the state, plus listings for statewide programs.
- If you are represented by an attorney, consider asking your attorney to recommend a mediator.

### Important Questions to Ask When Selecting a Mediator

- What does the mediator’s process look like and what you can expect during the mediation?
- How long may a mediation session take and where it will take place?
- How much experience does the mediator have mediating your type of case?
- How much will the mediator charge?
  - Private practice mediators will typically charge a fee for their time.
  - Some court-based mediation programs have set **fees**. Others may be **free**.
  - Community mediation centers generally offer their services for free or on a sliding scale.
  - If you cannot afford the fees, you can ask if the court or program offers **fee-waivers**.



# Maryland Court Help

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